

Breastfeeding workshop for pregnant mums



Friday 14<sup>th</sup> June 10.00 – 11.30am

Beaumont Leys Children's Centre Home Farm Walk LE4 0RW Wondering about breastfeeding, but not quite sure?

Come and meet
other pregnant
mums at our relaxed
and non-judgmental
session

Getting off to a good start – what you need to know

Avoiding and overcoming common pitfalls

How to tell all is well, and where to get help and support

For more information or to book a place:

Contact Natasha
07731571225



## Breastfeeding workshop for pregnant mums

MAMMAS

Friday 14<sup>th</sup> June 10.00 – 11.30am

Beaumont Leys Children's Centre Home Farm Walk LE4 0RW Wondering about breastfeeding, but not quite sure?

Come and meet
other pregnant
mums at our relaxed
and non-judgmental
session

Getting off to a good start – what you need to know

Avoiding and overcoming common pitfalls

How to tell all is well, and where to get help and support

For more information or to book a place:

Contact Natasha
07731571225