

Mammas Baby & me...

Autumn Programme 2018

Mammas Baby & Me NW is Friday mornings 10.00 - 11.30am at Beaumont Leys Children's Centre **unless otherwise listed**

- | | |
|--------------------------------|---|
| Fri 23rd Nov | Caring for babies' teeth and coping with teething |
| Fri 30th Nov | Dealing with family pressure |
| Fri 7th Dec | Visit from the Great Project TBC |
| Fri 12th Dec | Mums' pamper session £2 |

Call or text Natasha for more info - 07731571225 or check www.mammas.org.uk